

BASIC AMERICAN FOODS™

be a school

LUNCH HERO



Save the day, every day, with delectable, **nutritious lunches** you prepare in a snap — and **students devour** in an instant.



DISCOVER YOUR SCHOOL **LUNCH** SUPERPOWERS

Create super meals with nutritious, easy-prep, delicious sides. Basic American Foods (BAF) offers a full range of kid-approved menu options that are sure to please every taste—and budget.

FLAVOR ALWAYS COMES FIRST.

If a dish doesn't taste great, kids just won't eat it. So we've developed student-friendly recipes that will have them lining up and cleaning their plates.

KEEP IT SIMPLE.

Our foods feature quick, just-add-water prep so that your staff of food heroes can spend their time creating great tasting sides and more, and not waste time peeling or chopping.

DELIVER REAL NUTRITION.

You need the right ingredients to make really great meals, and our foods meet multiple USDA guidelines with no preservatives, no artificial colors or flavors, and lower sodium options.

DISH UP VALUE WITH EVERY SERVING.

Our foods give you the highest servings per case, so you need less storage, and with no food waste, you get the most servings per dollar.



THERE'S NO LIMIT TO BAF POTATOES AND BEANS

Because they qualify as vegetables, legumes or meat alternatives, you can add them to your menu, every day. Your students get more of the sides they crave, while you get a boost in your daily participation.

MEAL PATTERN CONTRIBUTIONS:

- ▶ **All BAF Potatoes:** starchy veg
- ▶ **BAF Sweet Potatoes:** red/orange veg and starchy veg
- ▶ **BAF Southwest Potato Casserole:** other veg and starchy veg
- ▶ **All BAF Beans:** legume, other veg, meat alternate



KEEP KIDS COMING BACK FOR MORE WITH THESE FAVORITE MENU CHOICES

"seconds-please"

MASHED POTATOES



LOWER SODIUM EXCEL® Original Butter Mashed – Reduced Sodium

The most loved, buttery flavor, just with less sodium.
[SKU 10799]

SWEET AND SAVORY

Mashed Sweet Potatoes

The sweet and savory flavor, plus it qualifies as a red/orange vegetable.
[SKU 10861]

SCRATCH-QUALITY POTATO BASE

Brilliant Beginnings® Mashed Potatoes

Just like a fresh, riced potato. Low sodium with no BHA/BHT, artificial colors or flavors and it's dairy free.
[SKU 10630]

the better bean BEANS



LOWER SODIUM

Smart Servings™ Vegetarian Refried Beans – Low Sodium

Whole bean texture is a favorite recipe for K-12. No added seasoning makes them extra versatile.
[SKU 10302]

FULLY FLAVORED

EXCEL® Refried Beans – Smooth

Our most traditional recipe can be used in a variety of meals, and the 5-minute prep serves big crowds, fast.
[SKU 82948]

oh-so-comforting CASSEROLES



LOWER SODIUM

Scalloped Potato Casserole – Reduced Sodium

Potatoes layered in a buttery sauce.
[SKU 94595]

LOWER SODIUM

Au Gratin Potato Casserole – Reduced Sodium

Goey, cheesy potatoes kids can't resist.
[SKU 20922]

LOWER SODIUM

NEW! Southwest Potato Casserole – Reduced Sodium

Sliced potatoes, beans, peppers and corn with a cheesy, southwest sauce.
[SKU 10889]

ADDED BONUS – All BAF Mashed Potatoes, Beans and Casseroles are Gluten Free

FOOD KIDS LOVE

MEAL PATTERN CONTRIBUTION

Information based on the USDA Food and Nutrition Service Food Buying Guide. Reflects creditable serving amount (vegetable, legume, meat/meat alternate). Meal Pattern Contribution Sheets available on baffoodservice.com

USDA COMMODITY
2019-2020 SEPDS

COMMODITY CODES
Potatoes: 110227
Beans: 110381

DESCRIPTION	SKU	PACK	NET WT (LB)	SERVINGS		KOSHER	ALLERGENS	GLUTEN FREE	HALF-CUP CONTRIBUTION EQUIVALENT (unless otherwise specified)**											DF POUNDS	DF VALUE
				PKG	CASE				SVG SIZE (OZ)	SVG/PKG	SVG/CS	CALORIE (G)	PROTEIN (G)	CARB. (G)	FIBER (G)	FAT (G)	SAT. FAT (G)	SODIUM (MG)			
MASHED POTATOES																					
Brilliant Beginnings® (Scratch quality potato base)				4 oz. prepared																	
Mashed Potatoes S	10630	6/26 oz	9.75	30	180	PAREVE OU	None	Y	3.02	40.43	242.58	70	2	14	1	0	0	115	48.75	\$4.46	
Potato Pearls® Fully Flavored				4 oz. prepared																	
EXCEL® Original Butter Mashed	76468	12/28 oz	21	42	504	OU-D	Milk	Y	4.17	39.88	478.56	70	2	14	1	1	0	340	105	\$9.61	
	10056	1/40 lb	40	949	-	OU-D	Milk	Y	3.84	911.63	911.63	70	2	14	1	1	0	340	200	\$18.30	
EXCEL® Creamy Butter Mashed w/ Skins	10040	12/27.16 oz	20.37	39	468	OU-D	Milk	Y	4.21	37.37	448.44	80	2	14	1	1	0	450	101.85	\$9.32	
EXCEL® Redskin Mashed	10349	8/32.5 oz	16.25	42	336	OU-D	Milk	Y	3.89	43.68	349.44	80	2	15	1	1.5	0	350	81.25	\$7.43	
EXCEL® Gold Mashed	10379	8/31.9 oz	15.95	42	336	OU-D	Milk	Y	4.12	41.07	328.56	80	2	15	1	1.5	0	350	79.75	\$7.30	
Nature's Own Mashed	10169	10/29.3 oz	18.31	40	400	OU-D	Milk	Y	3.88	41.04	410.4	80	2	15	1	1.5	0.5	250	91.55	\$8.38	
Country Style Mashed	81056	12/30.7 oz	23.03	40	480	OU-D	Milk	Y	3.74	42.43	509.16	70	2	15	1	0	0	280	115.15	\$10.54	
Golden Extra Rich Mashed	53498	12/29.6 oz	22.2	39	468	OU-D	Milk	Y	3.69	42.68	512.16	70	2	15	1	0	0	330	111	\$10.16	
	14110	6/3.7 lb	22.2	79	474	OU-D	Milk	Y	3.69	85.37	512.22	70	2	15	1	0	0	330	111	\$10.16	
	70659	1/50 lb	50	1064	-	OU-D	Milk	Y	3.69	1153.64	1153.64	70	2	15	1	0	0	330	250	\$22.88	
NEW! Mashed Sweet Potatoes	10861	10/26.7 oz	16.7	23	230	OU-D	Milk	Y	4.25	21.79	217.9	130	2	29	3	1.5	0	210	83.3	\$7.62	
Potato Pearls® Lower Sodium				4 oz. prepared																	
EXCEL® Original Butter Mashed - Reduced Sodium S	10799	12/28 oz	21	42	504	OU-D	Milk	Y	4.13	40.25	483	70	2	14	1	1	0	170	105	\$9.61	
Smart Servings™ Mashed w/Vit C - Low Sodium S	10426	12/26.5 oz	19.88	41	492	OU-D	Milk	Y	4.1	39.92	479.04	70	2	14	1	0.5	0	95	99.4	\$9.10	
	10513	1/40 lb	40	995	-	OU-D	Milk	Y	3.9	964.2	964.2	70	2	14	1	0.5	0	95	200	\$18.30	
Extra Rich Mashed - Low Sodium S	81837	6/3.55 lb	21.3	78	468	OU-D	Milk	Y	3.67	85.18	511.08	70	2	15	1	0	0	15	106.5	\$9.74	
Value (High-volume preparation in a mixer)				17g dry																	
Mashed Potato Granules Complete, Non-Dairy w/Vit C - L/S S	10215	6/5.31 lb	31.86	142	852	PAREVE OU	None	Y	3.64	128.69	772.14	70	2	14	1	0	0	20	159.3	\$14.58	
Mashed Potato Granule, Non-Dairy w/Vit C - L/S S	10217	6/5.75 lb	34.5	154	924	PAREVE OU	None	Y	3.77	144.41	866.46	70	2	14	1	0	0	15	172.5	\$15.78	
CASSEROLES																					
				4 oz. prepared																	
Au Gratin Potato Casserole - Reduced Sodium	20922	6/2.25 lb	13.5	44	264	None	Milk	Y	5.62	31.31	187.86	120	2	25	1	1	0	270	67.5	\$6.18	
Scalloped Potato Casserole - Reduced Sodium	94595	6/2.25 lb	13.5	44	264	None	Milk	Y	5.39	32.64	195.84	110	2	24	1	1	0	220	67.5	\$6.18	
Scalloped O'Brien Style Potato Casserole - Reduced Sodium	10054	6/2.25 lb	13.5	44	264	None	Milk	Y	5.81	30.33	181.98	120	2	25	1	1.5	0	240	67.5	\$6.18	
NEW! Southwest Potato Casserole - Reduced Sodium	10889	6/2.33 lb	14.06	42	252	None	Milk	Y	4.79	35.09	210.54	110	3	22	2	1	0	240	70	\$6.41	
PLANT PROTEIN																					
				4 oz. prepared																	
Vegetarian Refried Pinto Beans	54914	6/27.09 oz	10.16	23	138	None	None	Y	5.41	16.82	100.92	170	10	30	10	1.5	0.5	610	8.74	\$3.67	
Seasoned Vegetarian Refried Pinto Beans	10166	6/28.1 oz	10.54	23	138	None	None	Y	5.51	16.76	100.56	180	10	31	10	1.5	0.5	650	8.71	\$3.66	
Smart Servings™ Vegetarian Refried Pinto Beans - Low Sodium S	10302	6/26.25 oz	9.84	23	138	None	None	Y	5.28	17.07	102.42	160	10	29	10	0.5	0	160	8.87	\$3.72	
EXCEL® Refried Pinto Beans - Smooth*	82948	6/29.77 oz	11.16	23	138	None	None	Y	5.51	17.01	102.06	200	10	28	10	5	2	670	8.83	\$3.71	
	11398	1/50 lb	50	630	-	None	None	Y	5.51	456.98	456.98	200	10	28	10	5	2	670	39.56	\$16.62	
Refried Pinto Beans*	67245	6/29.77 oz	11.16	23	138	None	None	Y	5.46	17.15	102.9	200	10	28	10	5	2	620	8.91	\$3.74	
Seasoned Vegetarian Black Beans	60045	6/26.9 oz	10.09	23	138	PAREVE OU	None	Y	6.59	13.78	82.68	210	12	37	12	1.5	0.5	490	8.59	\$3.61	
Quick-Start® Vegetarian Chili	10298	6/20.8 oz	7.8	25	150	PAREVE OU	None	Y	12.09	8.39	50.34	270	14	50	12	1.5	0	700	4.84	\$2.03	
NEW! Lentil Penne	10847	2/5 lb	10	14.6	29	PAREVE OU	None	Y	2.44	48.23	96.46	100	6	19	2	0	0	0	-	-	

S = Smart Snack Approved

Information subject to changes, errors and exclusions.

**Southwest Potato Casserole: 1/4 cup starchy veg and 1/8 cup other veg.

GET INSPIRED

Here are some quick and easy ideas to upgrade your sides, or create your own menu favorites. Get these recipes and share yours with us at baffoodservice.com



Cheesy Taco Potatoes

Move over traditional tacos with this fun and delicious surprise for students. Start with Reduced Sodium Au Gratin Potatoes and build your taco topping favorites from there.



Chipotle Mashed

Creamy mashed potatoes with a spicy kick of chipotle peppers in adobo. Perfectly paired with chicken or shredded beef sandwiches or buffalo chicken wraps.



Baja Pizza

Refried Beans, salsa, peppers and shredded cheese all piled on whole grain pizza crusts and baked. It's ready in minutes — and will be gone in seconds.



Ranch Potato Bake

Simply mix in ranch seasoning and onion flakes, to Reduced Sodium Scalloped Potato Casserole for an easy menu change-up that's ready in no time.



Pulled Pork Sweet Mash Stack

Mashed Sweet Potatoes topped with BBQ pulled pork make a sweet and savory hit!

YOU'LL NEVER STOP CREATING THE FOOD KIDS CRAVE, AND NEITHER WILL WE

At Basic American Foods, we believe there's nothing better than a really great meal. And we know that what makes these meals so great are people like you who create them — in school kitchens and lunch rooms everywhere. That's why we work hard to give you everything you need to cook up even more amazing meals. Tell us how we can help make your job easier, and your food even better. Contact us anytime. baffoodservice.com



LOT CODE INTERPRETATION

For all potatoes and beans; located on cases, pouches & cartons

1019

5

R

0620

Month/Day of
Packaging

Year of
Packaging

Manufacturing Plant & Line:
Blackfoot, Shelley, Rexburg,
Moses Lake

Military Time

- Always Gluten Free
- Proudly Produced in the USA
- Buy America Compliant
- Produced in a Nut-Free Environment

