

WHY SETTLE FOR
LESS THAN 100%
FRUIT
JUICE?



SEASONS CHANGE. WE DON'T.™

1/2 CUP FRUIT BOWLS® IN 100% FRUIT JUICE



CHERRY MIXED FRUIT
case code:
100-38900-02062-7



DICED PEACHES
case code:
100-38900-03073-2



DICED PEARS
case code:
100-38900-03019-0



MIXED FRUIT
case code:
100-38900-03065-7



PINEAPPLE TIDBITS
case code:
100-38900-00419-1



TROPICAL FRUIT
case code:
100-38900-03048-0



MANDARIN ORANGES
case code:
100-38900-04208-7

Contributes **1/2 Cup Serving of Fruit** to
USDA Meal Pattern Requirement

Packed in 100% Fruit Juice, Not Syrup

Juice Packing Medium is Creditable as Fruit

Pack/Size: 36/4 oz.

Sourced Globally, to Provide the Best Quality
and Reliable Supply Stream

Trusted  Brand

7 VARIETIES
AVAILABLE
TAKE YOUR PICK



**DID YOU
KNOW?**

**TROPICAL FRUITS THAT ARE
SOURCED GLOBALLY ARE COMPLIANT
WITH THE BUY AMERICAN PROVISION.**

Source: "Compliance with and Enforcement of the Buy American Provision
in the National School Lunch Program" USDA, 2017.



OFFER A DOLE
FRUIT BOWL
AND YOU'VE MET THE
FULL FRUIT
REQUIREMENT

Each 4 oz. bowl contains **90 OR FEWER CALORIES** per serving, is fat-free and offers at least **45% OF THE RECOMMENDED DAILY ALLOWANCE OF VITAMIN C.**



Fun WITH FRUIT BOWLS

YOU CAN USE EMPTY DOLE® FRUIT BOWLS® FOR A VARIETY OF FUN AND CREATIVE PROJECTS.

FRUIT BOWL CRITTERS



With just some basic craft materials, kids can create their favorite animals in fruit bowl form.

HERB PLANTERS



Grow your very own herb or plant with just a little bit of soil, a few seeds, and an empty fruit bowl container.

TRUSTED DOLE BRAND LEADING THE WAY!

Dole is committed to being active in developing education programs and offering education-related materials. As part of our dedication, Dole Packaged Foods, LLC provides premium products that contribute to the USDA guidelines to ensure kids easily meet the daily requirements.



*no genetically modified (or engineered) ingredients

NUTRITIONAL INFORMATION

	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Potassium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A % DV*	Vitamin C % DV*	Calcium % DV*	Iron % DV*
DOLE® FRUIT BOWLS® IN 100% FRUIT JUICE, 4 OZ.															
CHERRY MIXED FRUIT IN 100% FRUIT JUICE <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Peaches, Pears, Cherries (Red #3 Color), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	80	0	0	0	5	115	19	1	18	<1	2	45	0	2
DICED PEARS IN 100% FRUIT JUICE <small>Pears, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Ascorbic Acid (To Promote Color Retention), Natural Flavors, and Citric Acid.</small>	113	90	0	0	0	5	115	22	2	18	<1	0	45	0	0
DICED PEACHES IN 100% FRUIT JUICE <small>Peaches, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	80	0	0	0	5	180	19	1	18	<1	4	45	0	2
MANDARIN ORANGES IN 100% FRUIT JUICE <small>Mandarin Oranges, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	90	0	0	0	5	160	22	1	18	<1	8	45	4	0
MIXED FRUIT IN 100% FRUIT JUICE <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Peaches, Pears, Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	80	0	0	0	5	130	19	1	18	<1	0	45	0	0
PINEAPPLE TIDBITS IN 100% PINEAPPLE JUICE <small>Pineapple, Pineapple Juice, Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	60	0	0	0	0	135	15	1	14	<1	0	50	0	2
TROPICAL FRUIT IN 100% FRUIT JUICE <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Papaya (Red and Yellow), Pineapple, Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavor, Ascorbic Acid (To Promote Color Retention), and Citric Acid.</small>	113	80	0	0	0	10	150	19	1	18	<1	8	45	0	0

*Percent Daily Values are based on a 2,000 calorie diet.