

Egg Bites may not be new to foodservice, but our 2 oz fully cooked Egg Bites bring a new dimension to the table in taste, texture and convenience. Adding a game changer to your menu has **never... ever... been this easy!**

USDA Foods Commodity Eligible



Cheese & Sausage Egg Bites

2 oz. Serving = 1.50 M/MA

Nutrition Facts	
90 servings per container	
Serving size 1 Piece (57g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 110mg	37%
Sodium 340mg	16%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0.6mcg	4%
Calcium 80mg	6%
Iron 0.6mg	4%
Potassium 80mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Three Cheese Egg Bites

2 oz. Serving = 1.75 M/MA

Nutrition Facts	
90 servings per container	
Serving size 1 Piece (57g)	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 120mg	40%
Sodium 310mg	13%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0.6mcg	4%
Calcium 90mg	6%
Iron 0.6mg	4%
Potassium 70mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Cheese & Sausage	3 Cheese
Product Code	14616-78997-00	14616-78998-00
GTIN	100 14616 78997 3	100 14616 78998 0
Case Pack	90/2 oz Bites	
Storage	Frozen	
Shelf Life	365 days	
Net Weight	11.25 lbs	
Gross Weight	12.29 lbs (w/pallet)	
Box Dimensions	12.375" x 8.375" x 8.6875"	
Pallet Configuration	128 (16 x 8)	

INGREDIENTS: WHOLE EGGS, COTTAGE CHEESE (CULTURED SKIM MILK, WHEY PROTEIN CONCENTRATE, CREAM, SKIM MILK, CONTAINS 2% OR LESS OF SALT, GUAR GUM, MONO AND DIGLYCERIDES, CAROB BEAN GUM, NATURAL FLAVOR, POTASSIUM SORBATE AND CARBON DIOXIDE (PRESERVATIVE), CARRAGEENAN, POLYSORBATE 80, ENZYMES), SAUSAGE (PORK, SALT, SUGAR, SPICES, NATURAL FLAVORING), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, APOCAROTENAL (COLOR), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES)), PASTEURIZED PROCESS MONTEREY JACK CHEESE (MONTEREY JACK CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SALT, SODIUM HEXAMETAPHOSPHATE), MODIFIED FOOD STARCH, XANTHAN GUM, CITRIC ACID.

INGREDIENTS: WHOLE EGGS, COTTAGE CHEESE (CULTURED SKIM MILK, WHEY PROTEIN CONCENTRATE, CREAM, SKIM MILK, CONTAINS 2% OR LESS OF SALT, GUAR GUM, MONO AND DIGLYCERIDES, CAROB BEAN GUM, NATURAL FLAVOR, POTASSIUM SORBATE AND CARBON DIOXIDE (PRESERVATIVE), CARRAGEENAN, POLYSORBATE 80, ENZYMES), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, APOCAROTENAL (COLOR), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES)), PASTEURIZED PROCESS MONTEREY JACK CHEESE (MONTEREY JACK CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SALT, SODIUM HEXAMETAPHOSPHATE), MODIFIED FOOD STARCH, XANTHAN GUM, CITRIC ACID.



Convection Oven

Heat to 250° F. Place a single layer of Egg Bites on a half-sheet pan sprayed with no-stick cooking spray or covered with parchment paper. Cover pan tightly with foil.

From Frozen: 60-65 min.
From Thawed: 40-45 min.



Microwave

Place 2 bites on ungreased microwavable plate. Heat at full power (1200 watt microwave).

From Frozen: 105-120 sec.
From Thawed: 60-70 sec.



Conventional Oven

Heat oven to 350°F. Place single layer of 24 Egg Bites on half sheet pan sprayed with no-stick cooking spray or parchment paper; cover pan tightly with foil.

From Frozen: 60-65 min.
From Thawed: 40-45 min.