

SMART SNACK
1/2 CUP
FRUIT SERVING



FROZEN FRUIT POPS

HEALTHY
CALORIES

COMMERCIAL
& COMMODITY
AVAILABILITY



DESIGNED FOR SCHOOL NUTRITION PROGRAMS:

- ✓ Easy-to-open package, no mess and no sticks
- ✓ Excellent source of Vitamin C
- ✓ Good source of Vitamin A
- ✓ ZERO grams of Fat
- ✓ Satisfies health conscious parents and regulators - Kosher



**California
Producer**



AVAILABLE IN
3 DELICIOUS
FLAVORS!

STRAWBERRY

96/4.5oz. CASE

PEACH

96/4.4oz. CASE

MIXED BERRY

96/4.0oz. CASE

Nutrition Facts

Serving Size 1 Fruit Pop (128g)
Servings Per Container 96

Amount Per Serving

Calories 80 **Calories from Fat 0**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 19g **6%**

Dietary Fiber 2g **8%**

Sugars 16g

Protein 1g

Vitamin A 0% • Vitamin C 120%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts

Serving Size 1 Fruit Pop (119g)
Servings Per Container 96

Amount Per Serving

Calories 70 **Calories from Fat 0**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 18g **6%**

Dietary Fiber 1g **4%**

Sugars 16g

Protein 0g

Vitamin A 6% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts

Serving Size 1 Fruit Pop (113g)
Servings Per Container 96

Amount Per Serving

Calories 70 **Calories from Fat 5**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 19g **6%**

Dietary Fiber 2g **8%**

Sugars 15g

Protein 1g

Vitamin A 0% • Vitamin C 90%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

CONTACT INFORMATION FOR WAWONA FROZEN FOODS
1.800.669.2966 EMAIL: SCHOOLS@WAWONA.COM
WEBSITE: WWW.WAWONA.COM