

Please circle or highlight your grade group levels and input your counts to the left of each meal you want to order.

Pre - K

K - 5

6 - 8

9 - 12



## 2020 Supper / Breakfast Master Menu

Grades K - 8	Other Veggies		Starchy		Dark Green		Beans & Peas		Red & Orange	
	3/2/2020		3/3/2020		3/4/2020		3/5/2020		3/6/2020	
Breakfast		Grape Crescent		Bean & Cheese Burrito		Lucky Charms & WG Crackers		Cinnamon French Toast w/Syrup		Mexican Concha
Breakfast		Coco Puffs & WG Crackers		Yogurt & Graham Crackers		Orange Muffin & WG Crackers		Bagel with Cream Cheese		Sunbutter & Jelly Sandwich
Hot Meal		Macaroni & Cheese with Mixed Vegetables (1c)		Pepperjack Cheeseburger with Tater Tots (3/4c)		Beef Lasagna with Steamed Broccoli & Carrots (1c)		Chicken Tamal with Pinto Beans (3/4c)		Chicken Teriyaki with Brown Rice Pilaf (1/2c) & Steamed Carrots (3/4c)
Hot Meal		Creamy Chicken Chipotle with Brown Rice Pilaf (1/2c) & Mixed Vegetables (1c)		Double Dog Chicken Hot Dogs with Tater Tots (3/4c)		Spanish Chicken Adobo with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)		Beef, Bean & Cheese Burrito with Pinto Beans (3/4c)		Lemon Pepper Chicken with Brown Rice Pilaf (1/2c) & Steamed Carrots (3/4c)
Cold Meal		Garlic Pesto Chicken Pasta with Carrot Sticks (3/4c) & Ranch		Oriental Chicken Wheat Tortilla Wrap with BBQ Corn Salad (1/2c)		Ham & Cheese Croissant Sandwich with Green Salad (1 1/2c)		Chicken Breast Pita Sandwich with Cilantro Bean Salad (1/2c)		Turkey Salad Sandwich with Carrot Sticks (1/2c) & Ranch
Cold Meal		Turkey & Cheese Sandwich with Carrot Sticks (1/2c) & Ranch		Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with BBQ Corn Salad (1/2c)		BBQ Chicken Sandwich on a Hoagie Roll with Green Salad (1 1/2c)		Tuna Salad Sandwich with Cilantro Bean Salad (1/2c)		Turkey & Cheese Croissant Sandwich with Carrot Sticks (1/2c) & Ranch
Snack NOTES		Animal Crackers		Cinnamon Bites		Cheeze-it Crackers		Jungle Crackers		Banana Muffin

Week 2 Options	Other Veggies		Starchy		Dark Green		Beans & Peas		Red & Orange	
	3/9/2020		3/10/2020		3/11/2020		3/12/2020		3/13/2020	
Breakfast		Mini Bagels w/Strawberry Cream Cheese		Egg & Cheese Taco		Reduced Sugar Cinnamon Toast Crunch & WG Crackers		Waffles (2) with Syrup		WG Apple Cinnamon Donut
Breakfast		Multi Grain Cheerios & WG Crackers		Yogurt & Graham Crackers		Blueberry Muffin & WG Crackers		Bagel with Cream Cheese		Coffee Cake & String Cheese
Hot Meal		Penne Pasta (1/2c) & Turkey Meat Sauce (3/4c) with Mixed Vegetables (1c)		Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (3/4c)		Pepperoni Pizza with Green Salad (2c)		Beef & Cheese Chimichanga with Pinto Beans (3/4c)		BBQ Pulled Chicken Sandwich with Sweet Potato (3/4c)
Hot Meal		Orange Chicken with Brown Rice Pilaf (1/2c) & Mixed Vegetables (1c)		Chicken Parmesan Sandwich with Mashed Potatoes (3/4c)		Pesto Chicken Spaghetti (1/2c) with Green Salad (2c)		Beef & Cheese Nachos with Pinto Beans (3/4c)		Double Dog Chicken Hot Dogs with Sweet Potato (3/4c)
Cold Meal		Tuna Pasta with Carrot Sticks (3/4c) & Ranch		Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Basil Corn Salad (1/2c)		Turkey Salad Sandwich with Green Salad (1 1/2c)		Caesar Chicken Tortilla Wrap with Cilantro Bean Salad (1/2c)		Turkey & Cheese Croissant Sandwich with Carrot Sticks (1/2c) & Ranch
Cold Meal		Chicken Breast Pita Sandwich with Carrot Sticks (1/2c) & Ranch		Turkey & Cheese Sandwich with Basil Corn Salad (1/2c)		Creamy Basil Chicken Sandwich on a Hoagie Roll with Green Salad (1 1/2c)		Ham & Cheese Hoagie Sandwich with Cilantro Bean Salad (1/2c)		Chicken Salad Sandwich with Carrot Sticks (1/2c) & Ranch
Snack NOTES		Chocolate Gripz Graham Bits		Oatmeal Cookie		Blueberry Lemon Bites		Strawberry Nutri-Grain Bar		Apple Muffin

Week 3 Options	Other Veggies		Starchy		Dark Green		Beans & Peas		Red & Orange	
	3/16/2020		3/17/2020		3/18/2020		3/19/2020		3/20/2020	
Breakfast		Chocolate Crescent		Apple Cinnamon Tamal		Multi Grain Cheerios & WG Crackers		Pancakes (2) with Syrup		Mini Cinnamon Rolls
Breakfast		Lucky Charms & WG Crackers		Yogurt & Graham Crackers		Banana Muffin & WG Crackers		Bagel with Cream Cheese		Sunbutter & Jelly Sandwich

Hot Meal	<i>Chicken Fettuccine (1/2c) Alfredo with Mixed Vegetables (1c)</i>	<i>Beef Taquitos with Whole Kernel Corn (3/4c)</i>	<i>Orange Chicken with Brown Rice Pilaf (1c) &amp; Steamed Broccoli &amp; Carrots (1c)</i>	<i>Red Chicken &amp; Cheese Enchiladas with Pinto Beans (1/2c)</i>	<i>Turkey Melt Croissant Sandwich with Carrot Sticks (3/4c) &amp; Ranch</i> <small>New!</small>
Hot Meal	<i>Spanish Chicken Adobo with Brown Rice Pilaf (1/2c) &amp; Mixed Vegetables (1c)</i>	<i>Green Wet Chicken Burrito with Whole Kernel Corn (3/4c)</i>	<i>Creamy Chicken Chipotle with Brown Rice Pilaf (1c) &amp; Steamed Broccoli &amp; Carrots (1c)</i>	<i>Chicken Tamal with Pinto Beans (3/4c)</i>	<i>Chicken Chow Mein (1/2c) with Steamed Carrots (3/4c)</i>
Cold Meal	<i>Marinara Chicken Pasta with Carrot Sticks (3/4c) &amp; Ranch</i>	<i>Creamy Basil Chicken Tortilla Wrap with BBQ Corn Salad (1/2c)</i>	<i>Turkey &amp; Cheese Sandwich with Green Salad (1 1/2c)</i>	<i>Chicken Breast Pita Sandwich with Cilantro Bean Salad (1/2c)</i>	<i>Chicken Salad Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Cold Meal	<i>Ham &amp; Cheese Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>	<i>BBQ Chicken Sandwich on a Hoagie Roll with BBQ Corn Salad (1/2c)</i>	<i>Cilantro Turkey Sandwich on a Hoagie Roll with Green Salad (1 1/2c)</i>	<i>Turkey Salad Sandwich with Cilantro Bean Salad (1/2c)</i>	<i>Ham &amp; Cheese Croissant Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Snack NOTES	<b>Animal Crackers</b>	<b>Goldfish Crackers</b>	<b>Scooby Doo Crackers</b>	<b>Cinnamon Graham Bug Bites</b>	<b>Blueberry Muffin</b>

Week 4 Options	Other Veggies 3/23/2020	Starchy 3/24/2020	Dark Green 3/25/2020	Beans & Peas 3/26/2020	Red & Orange 3/27/2020
Breakfast	Zucchini Loaf	Grilled Cheese Sandwich <small>New!</small>	Coco Puffs & WG Crackers	Cinnamon French Toast w/Syrup	Coffee Cake & String Cheese
Breakfast	Reduced Sugar Cinnamon Toast Crunch & WG Crackers	Yogurt & Graham Crackers	Apple Muffin & WG Crackers	Bagel with Cream Cheese	Mexican Concha
Hot Meal	<i>Spaghetti (1/2c) &amp; Meatballs with Mixed Vegetables (1c)</i>	<i>Chicken &amp; Waffles with Mashed Potatoes (3/4c)</i>	<i>Pepperoni Pizza with Green Salad (2c)</i>	<i>Beef &amp; Cheese Nachos with Pinto Beans (3/4c)</i>	<i>Sloppy Joe Sandwich with Sweet Potato (3/4c)</i>
Hot Meal	<i>Chicken Teriyaki with Brown Rice Pilaf (1/2c) &amp; Mixed Vegetables (1c)</i>	<i>Honey BBQ Chicken Wings with Dinner Roll &amp; Mashed Potatoes (3/4c)</i>	<i>Macaroni &amp; Cheese with Green Salad (2c)</i>	<i>Chicken Taquitos with Pinto Beans (3/4c)</i>	<i>Breaded Chicken Patty Sandwich with Sweet Potato (3/4c)</i>
Cold Meal	<i>Parmesan Chicken Pasta with Carrot Sticks (3/4c) &amp; Ranch</i>	<i>Turkey &amp; Cheese Croissant Sandwich with Basil Corn Salad (1/2c)</i>	<i>Chicken Breast Pita Sandwich with Green Salad (1 1/2c)</i>	<i>Roasted Pepper Chicken Tortilla Wrap with Cilantro Bean Salad (1/2c)</i>	<i>Italian Turkey, Ham &amp; Cheese Hoagie Roll Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Cold Meal	<i>Turkey Salad Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>	<i>Ham &amp; Cheese Sandwich with Basil Corn Salad (1/2c)</i>	<i>Creamy Basil Chicken Sandwich on a Hoagie Roll with Green Salad (1 1/2c)</i>	<i>Turkey &amp; Cheese Hoagie Sandwich with Cilantro Bean Salad (1/2c)</i>	<i>Tuna Salad Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Snack NOTES	<b>Chocolate Gripz Graham Bits</b>	<b>Cinnamon Bites</b>	<b>Cheez-it Crackers</b>	<b>Jungle Crackers</b>	<b>Banana Muffin</b>

Week 5 Options	Other Veggies 3/30/2020	Starchy 3/31/2020	Dark Green 4/1/2020	Beans & Peas 4/2/2020	Red & Orange 4/3/2020
Breakfast	Mini Bagels w/Cinnamon Cream Cheese	Egg & Cheese Burrito	Rice Chex & WG Crackers	Waffles (2) with Syrup	Mexican Concha
Breakfast	Multi Grain Cheerios & WG Crackers	Yogurt & Graham Crackers	Banana Muffin & WG Crackers	Bagel with Cream Cheese	Sunbutter & Jelly Sandwich
Hot Meal	<i>Creamy Chicken Chipotle over Penne Pasta (1/2c) with Mixed Vegetables (1c)</i>	<i>Beef Chili Cheese Tater Tots (3/4c) with Dinner Roll</i>	<i>Chicken Teriyaki with Brown Rice Pilaf (1c) &amp; Steamed Broccoli &amp; Carrots (1c)</i>	<i>Beef Picadillo (3/4c) with Spanish Brown Rice (1c) &amp; Pinto Beans (1/2c)</i> <small>New!</small>	<i>Spaghetti (1/2c) &amp; Meatballs with Steamed Carrots (1/2c)</i>
Hot Meal	<i>Mongolian Beef with Brown Rice Pilaf (1/2c) &amp; Mixed Vegetables (1c)</i>	<i>Chicken Parmesan Sandwich with Tater Tots (3/4c)</i>	<i>Lemon Pepper Chicken with Brown Rice Pilaf (1c) &amp; Steamed Broccoli &amp; Carrots (1c)</i>	<i>Southwestern Chicken Bowl with Spanish Brown Rice (1c) , Pinto Beans (1/2c) &amp; Whole Kernel Corn (1/4c)</i>	<i>Hawaiian Chicken with Brown Rice Pilaf (1/2c) &amp; Steamed Carrots (3/4c)</i>
Cold Meal	<i>Cajun Chicken Pasta with Carrot Sticks (3/4c) &amp; Ranch</i>	<i>Turkey &amp; Cheese Croissant Sandwich with Basil Corn Salad (1/2c)</i>	<i>Chicken Breast Pita Sandwich with Green Salad (1 1/2c)</i>	<i>Roasted Pepper Chicken Tortilla Wrap with BBQ Bean Salad (1/2c)</i>	<i>Italian Turkey, Ham &amp; Cheese Hoagie Roll Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Cold Meal	<i>Turkey &amp; Cheese Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>	<i>Italian Turkey, Ham &amp; Cheese Hoagie Roll Sandwich with Basil Corn Salad (1/2c)</i>	<i>BBQ Chicken Sandwich on a Hoagie Roll with Green Salad (1 1/2c)</i>	<i>Tuna Salad Sandwich with BBQ Bean Salad (1/2c)</i>	<i>Turkey &amp; Cheese Croissant Sandwich with Carrot Sticks (1/2c) &amp; Ranch</i>
Snack NOTES	<b>Vanilla Wafers</b>	<b>Oatmeal Cookie</b>	<b>Strawberry Sport Graham Cr</b>	<b>Blueberry Nutri-Grain Bar</b>	<b>Orange Muffin</b>

Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Order counts may be changed within a 48 hour notice. More than 50% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Menu subject to change.