Monus subject to change

	A COND AV	THECDAY	MEDNICONAV	THURCHAY	Menus subject to change.
_	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	30	1
	Mexican Concha	Assorted Muffin & WG Crakers	Coffee Cake & WG Crackers	Assorted Muffin & WG Crakers	Mexican Concha
	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers
s	Turkey & Cheese Sandwich with BBQ Com Salad (1/2c)	Chicken Salad Sandwich with Green Salad (1c)	BBQ Chicken Sandwich with Carrot Sticks (1/2c)	Ham & Cheese Sandwich with BBQ Bean Salad (1/2c)	Turkey Salad Sandwich with Broccoli & Carrot Sticks (1/2c)
	Marinara Cheese Pasta with BBQ Com Salad (1/2c)	Garlic Pesto Cheese Pasta with Green Salad (1c)	Cajun Cheese Pasta with Carrot Sticks (1/2c)	Marinara Cheese Pasta with BBQ Bean Salad (1/2c)	Parmesan Cheese Pasta with Broccoli & Carrot Sticks (1/2c)
	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack
	4	5	6	7	8
	Mexican Concha	Assorted Muffin & WG Crakers	Coffee Cake & WG Crackers	Assorted Muffin & WG Crakers	Mexican Concha
	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers
s	Ham & Cheese Sandwich with BBQ Corn Salad (1/2c)	Chicken Salad Sandwich with Green Salad (1c)	Italian Sandwich with Carrot Sticks (1/2c)	Turkey & Cheese Sandwich with BBQ Bean Salad (1/2c)	Turkey Salad Sandwich with Broccoli & Carrot Sticks (1/2c)
	Marinara Cheese Pasta with BBQ Corn Salad (1/2c)	Garlic Pesto Cheese Pasta with Green Salad (1c)	Cajun Cheese Pasta with Carrot Sticks (1/2c)	Marinara Cheese Pasta with BBQ Bean Salad (1/2c)	Parmesan Cheese Pasta with Broccoli & Carrot Sticks (1/2c)
	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack
	11	12	13	14	15
	Mexican Concha	Assorted Muffin & WG Crakers	Coffee Cake & WG Crackers	Assorted Muffin & WG Crakers	Mexican Concha
В	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers
s	Turkey & Cheese Sandwich with BBQ Com Salad (1/2c)	Chicken Salad Sandwich with Green Salad (1c)	BBQ Chicken Sandwich with Carrot Sticks (1/2c)	Ham & Cheese Sandwich with BBQ Bean Salad (1/2c)	Turkey Salad Sandwich with Broccoli & Carrot Sticks (1/2c)
v	Marinara Cheese Pasta with BBQ Corn Salad (1/2c)	Garlic Pesto Cheese Pasta with Green Salad (1c)	Cajun Cheese Pasta with Carrot Sticks (1/2c)	Marinara Cheese Pasta with BBQ Bean Salad (1/2c)	Parmesan Cheese Pasta with Broccoli & Carrot Sticks (1/2c)
s	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack
	18	19	20	21	22
	Mexican Concha	Assorted Muffin & WG Crakers	Coffee Cake & WG Crackers	Assorted Muffin & WG Crakers	Mexican Concha
В	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers
s	Ham & Cheese Sandwich with BBQ Corn Salad (1/2c)	Chicken Salad Sandwich with Green Salad (1c)	Italian Sandwich with Carrot Sticks (1/2c)	Turkey & Cheese Sandwich with BBQ Bean Salad (1/2c)	Turkey Salad Sandwich with Broccoli & Carrot Sticks (1/2c)
v	Marinara Cheese Pasta with BBQ Corn Salad (1/2c)	Garlic Pesto Cheese Pasta with Green Salad (1c)	Cajun Cheese Pasta with Carrot Sticks (1/2c)	Marinara Cheese Pasta with BBQ Bean Salad (1/2c)	Parmesan Cheese Pasta with Broccoli & Carrot Sticks (1/2c)
s	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack
	25	26	27	28	29
	Mexican Concha	Assorted Muffin & WG Crakers	Coffee Cake & WG Crackers	Assorted Muffin & WG Crakers	Mexican Concha
	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers	Assorted Cereal & WG Crakers
s	Turkey & Cheese Sandwich with BBQ Corn Salad (1/2c)	Chicken Salad Sandwich with Green Salad (1c)	BBQ Chicken Sandwich with Carrot Sticks (1/2c)	Ham & Cheese Sandwich with BBQ Bean Salad (1/2c)	Turkey Salad Sandwich with Broccoli & Carrot Sticks (1/2c)
	Marinara Cheese Pasta with BBQ Com Salad (1/2c)	Garlic Pesto Cheese Pasta with Green Salad (1c)	Cajun Cheese Pasta with Carrot Sticks (1/2c)	Marinara Cheese Pasta with BBQ Bean Salad (1/2c)	Parmesan Cheese Pasta with Broccoli & Carrot Sticks (1/2c)
	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack	Assorted Snack
	his institution is an equal opportunity provider.		·	Supper fruit/juice portions: 1/4 cup (Juice cannot exceed 50% of	total weekly convings   Milk (1 Cup) (1% (Non fat (Non fat Choc)

 $Supper fruit/juice\ portions:\ 1/4\ cup\ (Juice\ cannot\ exceed\ 50\%\ of\ total\ weekly\ servings.)\ Milk\ (1\ Cup)\ (1\%/Non-fat/Non-fat\ Choc)$ 





